

08BNT

GO HOLIDAY
Discover Exotic Horizon

**SPECIAL
DEPARTURE**

**KL DIRECT FLIGHT
吉隆坡直飞**

BHUTAN 8D6N & NEPAL 不丹与尼泊尔



The Gateway to Happiness.



PARO | THIMPHU | WANGDUE | PUNAKHA | NAGARKOT | KATHMANDU
帕罗 | 廷布 | 旺杜 | 普那卡 | 纳加尔科特 | 加德满都

DAY 1: KUALA LUMPUR ✈️ PARO – THIMPHU (60KM: 1H±) (MOB/L/D)

- ✳️ **Rinpung Dzong:** Visit Paro's fortress housing monastic and administrative offices.
- ✳️ **Tashichho Dzong:** Seat of Bhutan's King and central monk body, overlooking Thimphu city.

DAY 2: THIMPHU – PUNAKHA – THIMPHU (76KM: 2H30M±) (B/L/D)

- ✳️ **Dochu La Pass:** Stop for tea and admire Himalayan panorama and 108 Druk Wangyal Chortens.
- ✳️ **Druk Wangyal Chortens:** 108 royal stupas on Dochula Pass, built to honor Bhutan's peacekeepers and symbolize national unity.
- ✳️ **Punakha Dzong:** Magnificent riverside fortress at the confluence of two rivers, home to sacred relics and monastic winter residence.
- ✳️ **Monk Blessing:** Receive spiritual protection from local monks.
- ✳️ **Chimi Lhakhang:** Fertility temple dedicated to the divine madman, reached by scenic paddy walk.

DAY 3: THIMPHU – PARO (60KM: 1H±) (B/L/D)

- ✳️ **Thimphu Festival:** Witness vibrant Bhutanese mask dance and cultural celebration.
- ✳️ **Kuensel Phodrang:** 167-feet-tall sitting Buddha overlooking Thimphu Valley.
- ✳️ **National Memorial Chorten:** Stupa of peace and devotion with fluttering prayer flags.
- ✳️ **Motithang Takin Preserve:** See Bhutan's national animal, the Takin.
- ✳️ **Bhutan Post Office:** Create personalized stamps with your photo — a unique and fun souvenir. (Own Expenses)
- ✳️ **Traditional Handmade Paper Factory:** Observe ancient handmade paper craft in action.
- ✳️ **Authentic Bhutanese Crafts Street:** Traditional bamboo huts showcasing local handmade crafts and art.

DAY 4: PARO (B/L/D)

- ✳️ **Taktshang Monastery (Tiger's Nest):** Sacred cliffside monastery perched above Paro Valley, Bhutan's spiritual crown jewel and most iconic pilgrimage site.
- ✳️ **Pony Ride to Tiger Nest Mid Cafe (Optional)**
- ✳️ **Local Farmhouse:** Visit a Bhutanese home, taste the local rice wine "Ara" and learn to cook Ema Datshi.
- ✳️ **Paro Town:** Leisure walk at local market for last-minute souvenirs and crafts.

DAY 5: PARO ✈️ KATHMANDU – NAGARKOT (B/L/D)

- ✳️ **Bhaktapur Durbar Square:** Explore UNESCO heritage with temples, palace, and pottery square.
- ✳️ **Nagarkot Hill Station:** Scenic drive and sunset view over Langtang and Himalayan ranges.

DAY 6: NAGARKOT – KATHMANDU (B/L/D)

- ✳️ **Sunrise View:** Early morning watch sunrise over the snow-capped Himalayan peaks.
- ✳️ **Bungamati & Khokana:** Visit traditional villages known for crafts and Newari culture.
- ✳️ **Kathmandu Durbar Square:** Discover temples and royal courtyards of ancient Kathmandu.
- ✳️ **Swayambhunath Stupa:** The "Monkey Temple", offering panoramic view of Kathmandu Valley.

DAY 7: KATHMANDU ✈️ KUALA LUMPUR (B/L/D)

- ✳️ **Pashupatinath Temple:** Sacred Hindu temple by Bagmati River, cremation ghats nearby.
- ✳️ **Patan Durbar Square:** City of fine woodwork and Malla-era temples, full of artisanship.
- ✳️ **Boudhanath Stupa:** One of world's largest stupas, surrounded by prayer wheels and chants.
- ✳️ **Thamel Street:** Final shopping and evening Nepalese dinner with cultural show.

DAY 8: ARRIVAL IN KUALA LUMPUR (MOB)

- ✳️ Your trip to Bhutan & Nepal comes to a perfect end.

第 1 天: 吉隆坡 ✈️ 帕罗 – 廷布 (60公里 1小时±) (机上用餐 / 午 / 晚)

- ✳️ **日蓬宗:** 山坡上的堡垒寺院, 俯瞰帕罗山谷, 兼防御与宗教功能。
- ✳️ **塔什丘宗:** 国王办公与僧团驻地, 庄严壮丽之地。

第 2 天: 廷布 – 普那卡 – 廷布 (76公里 2小时30分±) (早/午/晚餐)

- ✳️ **多楚拉山口:** 建有108座佛塔, 远眺喜马拉雅雪峰, 风光宁静壮丽。
- ✳️ **楚克旺耶纪念碑:** 多楚拉山口的108座佛塔, 为纪念和平守护者而建, 象征国家团结与安宁。
- ✳️ **普纳卡宗:** 两河交汇宗堡壮丽, 融合佛教历史与自然景致。
- ✳️ **僧侣祈福仪式:** 走入古寺接受祈福, 诵经声回荡, 祈愿旅程平安身心康泰。
- ✳️ **切米拉康:** 供奉生育之神的寺庙, 途中穿越田园风光, 宁静优美且富有人文气息。

第 3 天: 廷布 – 帕罗 (60公里 1小时±) (早/午/晚餐)

- ✳️ **廷布节庆:** 欣赏不丹面具舞与民俗庆典表演。
- ✳️ **金刚座佛像:** 高五十一米坐山巅, 俯瞰廷布全城, 象征智慧与慈悲信仰。
- ✳️ **国家纪念佛塔:** 纪念第三任国王佛塔, 民众绕塔祈福, 为首都精神象征。
- ✳️ **塔金保护区:** 近距离观察国兽“塔金”(Takin), 了解其生态与保护。
- ✳️ **不丹邮局:** 可亲手盖邮戳、印照片制邮票, 收藏独一无二的“不丹旅行纪念”。(自费)
- ✳️ **传统手工纸工坊:** 展示树皮造纸工艺, 体现不丹人对自然与传统技艺的敬意。
- ✳️ **不丹传统手工艺街:** 竹屋林立, 展售地道的不丹手工艺与艺术品。

第 4 天: 帕罗 (早/午/晚餐)

- ✳️ **虎穴寺:** 不丹最神圣寺庙, 依崖而建, 高悬于帕罗谷壁之上, 传说中为莲花生大师修行之地。
- ✳️ **骑马前往虎穴寺中途咖啡馆 (自费)**
- ✳️ **农庄探访:** 参观民宅, 品米酒“Ara”并学习制作辣奶酪“Ema Datshi”。
- ✳️ **帕罗市集:** 悠闲漫步, 选购纪念品与手工艺品。

第 5 天 – 帕罗 ✈️ 加德满都 – 那加阔特 (早/午/晚餐)

- ✳️ **巴克塔普尔王宫广场:** 参观古宫庙宇与陶艺之城。
- ✳️ **那加阔特山站:** 眺望朗塘山脉, 观赏日落美景。

第 6 天: 那加阔特 – 加德满都 (早/午/晚餐)

- ✳️ **日出景观:** 清晨观雪山日出, 景色壮丽动人。
- ✳️ **本加玛蒂与可卡纳:** 传统纽瓦里村落文化探访。
- ✳️ **加德满都王宫广场:** 古老宫殿与庙宇遗址巡游。
- ✳️ **斯瓦扬布佛塔:** 又称猴庙, 俯瞰全谷宁静祥和。

第 7 天: 加德满都 ✈️ 吉隆坡 (早/午/晚餐)

- ✳️ **帕斯帕提那神庙:** 湿婆圣地, 恒河支流畔的火葬台。
- ✳️ **帕坦王宫广场:** 木雕之都, 玛拉王庙宇林立。
- ✳️ **博达哈佛塔:** 世界最大佛塔之一, 祈祷声不绝。
- ✳️ **泰美尔街:** 购物与欣赏尼泊尔文化晚宴表演。



@ Pashupatinath Temple 帕斯帕提那神庙

第 8 天 – 抵达吉隆坡 (机上用餐)

- ✳️ 您的不丹与尼泊尔之旅至此圆满结束。



**EXCLUSIVE
COMPLEMENTARY**

獨家7大贈送!
無憂無慮享受不丹獨特魅力



Bhutanese Cultural Dance
不丹文化舞蹈表演



Bhutanese Tashi Khadar
不丹傳統圍巾



Bhutanese Costume Experience
不丹傳統服裝



Organic Lemongrass Spray
天然香茅精油



Hiking Stick at Tiger Nest
虎穴寺的登山杖



English, Chinese Speaking Guide
中英導遊講解



Unlimited Complimentary Water
無限礦泉水

ACCOMMODATION 住宿

THIMPHU 廷布



@ Hotel Ariya

PARO 帕羅



@ Hotel Tashi Namgay Resort

NAGARKOT 那加阔特



@ Country Villa Resort

KATHMANDU 加德满都

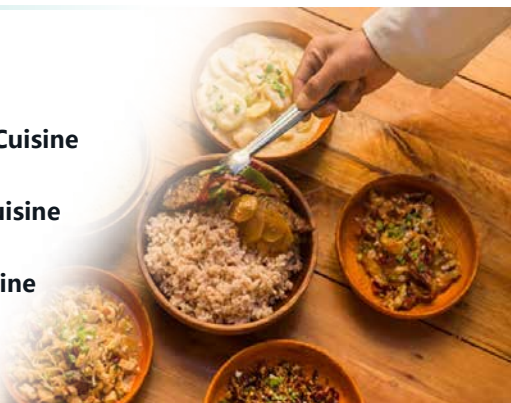


@ Best Western Kathmandu

STAY 留宿	LOCATION 地点	LOCAL SELECTED 4* HOTEL (OR SIMILAR CLASS)
2 NIGHTS 2晚	THIMPHU 廷布	Hotel Ariya
2 NIGHTS 2晚	PARO 帕羅	Hotel Tashi Namgay Resort
1 NIGHT 1晚	NAGARKOT 那加阔特	Country Villa Resort
1 NIGHT 1晚	KATHMANDU 加德满都	Best Western Kathmandu

CUISINE VARIETIES 各种美食

- Suja
酥油茶
- Ema Datshi
辣椒芝士
- Kewa Datshi
马铃薯芝士
- Jasha Maru
不丹咖喱鸡
- Sikam Paa
不丹培根肉
- Bhutan Red Rice
不丹红米
- Shamu Datshi
蘑菇芝士
- Dal Bhat
米饭和扁豆
- Khur-le
大麦煎饼
- Ezays
辣蘸料
- Khatem
炸苦瓜
- Shakam
風乾牛肉
- Chinese Cuisine
中式料理
- Indian Cuisine
印度料理
- Thai Cuisine
泰國料理



BHUTAN & NEPAL

Travel Map 秒懂行程图



PARO, Paro Valley



THIMPHU, Buddha Point



PARO, Tiger Nest



KATHMANDU, Swayambhunath Stupa



NAGARKOT Hill Station



KATHMANDU, Thamel Street



TENTATIVE FLIGHT SCHEDULE 预计航班时间

DATE 日期	ROUTES 航线	FLIGHT NO. 航班号	ETD 预计起飞时间	ETA 预计抵达时间	FLYING HOURS 飞行时数
DAY 1	KUL - PBH	KB 611	0440	0710	4 Hrs 30 Mins
DAY 5	PBH - KTM	KB 400	0700	0800	1 Hrs 15 Mins
DAY 7	KTM - KUL	MH 115	2245	0545+1	4 Hrs 45 Mins

*Flight schedule and estimate time of arrival and departure subject to airline confirmation without prior notice.
*此航班仅供参考，对应的航班时间均有调整的可能，包括起飞时间的变化等。

TOUR FARE 团费 PRICE QUOTED BASED ON PER PERSON

DEPARTURE 出发日期	ADULT TWIN 成人	CHILD TWIN 小孩占床	CHILD W/B 小孩加床	CHILD N/B 小孩无床	SINGLE SUPP 单人房差	UPGRADE 升级	TRAVEL INSURANCE 旅游保险

TERMS & CONDITIONS 备注

- Flights, transportation, hotels, meals and itineraries and sequences stated in the brochure are subject to change without prior notice and subject to final confirmation. We reserves the right to alter itineraries at any time (without compensation) due to unforeseen circumstances, especially during peak periods or force majeure.
- Purchase of travel insurance is compulsory. The Company or our consortium agents shall not be liable for any losses or personal expenses incurred by tour members during the tour. Or in the event of unforeseen circumstances such as adverse weather conditions/natural disaster or other causes which may lead to traffic delays/extend stays, cancellation, rescheduling or others losses.
- Unless otherwise specified by request, tours are conducted in English/Chinese.
- Tour buses are arranged based on group size which make sure every passenger is entitled to one seat each.
- Expenses of personal nature like tipping, laundry, telephone calls/internet data, beverages, photography fee at sightseeing, optional tour, medical expenses, any insurance or etc are on own expenses.
- No refund shall be entertained for any unutilized portion of the tour.
- Notwithstanding the place or country in which a course of action arises, it is expressly agreed hereto that all causes of actions shall at all times be commence within the jurisdiction and territory of the country.
- Airport taxes, fuel surcharges and visa fees do not form part of the tour fare and it should be borne by the passenger. The Company is only acting as an agency to collect the above charges therefore it is subject to the Terms and Conditions of the respective authorities & airlines in case if there is any hike if any of these fee without notice by the authorities.
- In case on any currency fluctuations or amendment in local Government & Hotel taxes, or any fuel hike, we reserve the right to adjust the tour price accordingly without any notice.
- Flight timing and schedules are not guaranteed and do not form part of the contract. They are subject to change at the insistence of the Aviation of Government Authorities for the Tour Member's safety, security and other reasons. Neither The Company nor the Carrier concerned will accept liability for reasons of flight cancellations, delays or diversions that is not within its control.
- The Company reserves the right to cancel or withdraw at any time bookings made by or on behalf of Tour Members prior to departure. However, the company will reserve the absolute right to vary the group size due to unforeseen circumstances. The decision of The Company shall be final and inclusive and no liabilities whatsoever shall be incurred by the Company for such cancellation.
- It is the Tour Member's responsibility to ensure that they have a valid passport with at least 6 months validity from the date of departure.
- Itinerary Sequence is subject to Final hotel confirmation and shall be updated 30 days before departure.

Deposit / Tour Payments

A non-refundable deposit must be paid upon reservation. Full payment shall be made 60 days before departure. If full payment is not received 60 days or more prior to departure date, the Company reserves the right to forfeit the deposit and cancel the reservation.

Amendment fee is applicable to all booking which are confirmed and deposit paid. All amendments will need to be made 60 days before departure date amendment fee of (min RM300) will be charged and may vary depending on the changes. Any subsequent cost increases and surcharges will be borne by the tour member.

Cancellation of booking must be made in writing. Deposit will be forfeited if the company received notice more than 60 working days. If the company received notice to cancel less than 60 working days before the date of departure, a 100% cancellation of tour fare will be charged.

UPDATED DATE: 06 NOVEMBER 2025